



STUDY TIPS AND SKILLS

1. What is your learning style
 - Visual learner (learn best by seeing)
 - Auditory learner (learn best by hearing)
 - Kinesthetic learner (learn best by being hands-on)
2. Develop a study plan
 - Time Management-Develop a study plan and learn how to manage your time effectively.
 - Motivation-Have motivation and good attitude in order to make your study plan productive.
 - Concentration-Learn how to overcome distractions so you have your attention on your studies.
 - When in doubt, ask-Consult with your Lecturer or a fellow student if you're unsure of something. It is important to address the problem area as soon as possible.
3. Don't try to study everything the **NIGHT BEFORE** the test.
4. While studying
 - When studying have all your materials in front of you (text book, lecture notes etc)
 - The use of colour makes the information more reader able and easier to retain
 - Record your voice while reading your notes, and listen to the record while doing chores or traveling.
 - Use flash cards to memorize
 - Have a **NOTE BOOK**
5. Take breaks in between your studying, **DON'T STUDY FOR A LONG PERIOD OF TIME**, this might lead to a mind block.

6. Make sure that you understand the material well, don't just read through the material and try to memorize everything.

7. Study Group

- Go to a study group prepared
- Identify problem areas
- Focus on one thing at a time
- Choose specific chapter or topic per study session

8. Test yourself or have someone test you on the work that you are studying to find out what your strong areas are.

9. Listen to relaxing music on a low volume to relieve some of the boredom of studying.

10. Relax during a test or exam, **DON'T RUSH** and go through the question paper and answer book before leaving the exam room to check for omissions.

“Take your time do your best, you won't fail”

“Ask wisdom from GOD, from him comes knowledge and understanding”